

Providing 24/7 help and advice  
on violence against women,  
domestic abuse and sexual violence.



# Live Fear Free

# Campaign Assets



0808

80 10 800

The **Live Fear Free** helpline  
is open 24 hours a day,  
every day for support and advice.



Abuse can happen

to anyone at any age.

If you are worried about someone,  
don't wait. Contact Live  
Fear Free for confidential advice.

0808 80 10 800

0786 007 7333

Info@livefearfreehelpline.wales

gov.wales/anyage



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## Accompanying caption copy

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### Option 1

Live Fear Free offer free 24/7 support and advice for all survivors of sexual abuse or domestic violence. When you're ready to speak to someone, Live Fear Free is here to listen.

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### Option 2

You might not have the words for what you've experienced or witnessed. Support is available from Live Fear Free, any time of the day.

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### Option 3

If you are worried that a friend, colleague or loved one may be experiencing abuse, Live Fear Free can help on 0808 80 10 800.

To book an awareness raising session on  
Live Fear Free and find out what we  
can offer your organisation, please email:  
**[info@livefearfreehelpline.wales](mailto:info@livefearfreehelpline.wales)**

